



Holy Spirit Catholic Parish A Welcoming Community

1489 Shea Road, Stittsville, ON K2S 0G8
Phone: 613-836-8881 Fax: 613-836-8806
Web: www.holyspiritparish.ca

PASTORAL TEAM

Monsignor Joseph Muldoon, Pastor, pastor@holyspiritparish.ca
Sean Flynn, Youth/Sacramental Coordinator, youth@holyspiritparish.ca
Administrative Assistant, admin@holyspiritparish.ca

OFFICE HOURS: Monday to Friday 9:00 a.m. - 12:00 p.m.; & 12:30 p.m. - 3:30 p.m.

SUNDAY EUCHARIST

Saturday - 5:00 p.m.
Sunday - 9:00 a.m. & 10:30 a.m.

WEEKDAY EUCHARIST

As indicated in the weekly calendar.

RECONCILIATION

As indicated in the weekly calendar, with a communal celebration in Lent, and at other times by appointment.

BAPTISMS

Baptisms are celebrated throughout the year. Please introduce yourself to the pastor after mass. See parish website for further information.

MARRIAGE

Please make an appointment with the pastor as soon as a decision is made to marry. A minimum of nine months notice is required. Please make no other arrangements until a date is confirmed with the parish. A marriage preparation course, offered in our pastoral region, is required.

CATECHESIS OF THE GOOD SHEPHERD

Kim Baudouin 613-884-8475

PASTORAL CARE

A Pastoral Care Team visits sick or elderly members of the parish in their homes or in hospital. To arrange for Communion, the Sacrament of the Sick, or a visit, please contact the Pastor.

CATHOLIC WOMEN'S LEAGUE

Claire Moore, President 613-612-1659

KNIGHTS OF COLUMBUS

Joseph Carbonetto, Grand Knight 613-831-0411

PARISH FINANCE COUNCIL

Alex Golob, Chair 613-410-1896

OUR CATHOLIC SCHOOLS

Guardian Angels Elementary 613-836-7423
Holy Spirit Elementary 613-831-1853
St. Stephen Elementary 613-831-8844
Sacred Heart High 613-831-6643



PARISH REGISTRATION: If you are new to our Parish Community, please fill out this form and put it in the collection basket.

Names: _____

Email: _____

Address: _____ Postal Code: _____

Phone Number: _____

FIFTH SUNDAY OF EASTER



May 7 – 5th Sunday of Easter

Acts 6.1-7
1 Peter 2.4-9
John 14.1-12

May 14 – 6th Sunday of Easter

Acts 8.5-8,14-17
1 Peter 3.15-18
John 14.15-21

Parish Calendar

Mon, May 8

9:00 am Mass
7:00 pm Prayer Shawl Ministry

Tue, May 9

9:00 am Mass
6:00-7:30 pm Confirmation Preparation Meeting

Wed, May 10

9:30 am Catechesis of the Good Shepherd
1:00 pm Blood Donation Event

Thu, May 11

9:00 am Mass
9:30 am Cenacle of Marian Movement of Priests

Fri, May 12

9:00 am Mass
9:30 am Flame of Love Prayer Group

Sat, May 13

4:00-4:25 pm Reconciliation
5:00 pm Mass

Sun, May 14 6th Sunday of Easter

9:00 am Mass
10:30 am Mass
*Knights of Columbus hospitality & coffee after the 9 & 10:30am Masses. Everyone welcome!
*and Mass will be available on the church website: www.holyspiritparish.ca

Pope Francis prayer intention-May For church movements and groups: we pray that Church movements and groups may rediscover their mission of evangelization each day, placing their own charisms at the service of needs in the world.

Prayer for Vocations That the Holy Spirit will guide and comfort men and women discerning their vocations, we pray to the Lord.

To all parishes' generous faithful Thank you to all who donate to the ongoing operation of the parish. For e-Transfer please send it to admin@holyspiritparish.ca and use the password, "Holyspirit". We currently have a significant number of parishioners who contribute via bank auto debit. If you would like more information about the program or wish to participate, please contact the parish office at 613-836-8881 or email admin@holyspiritparish.ca.

The Catholic Women's League of Canada means: ACTION As a Catholic Women's League member, you are part of an organization of women who act through prayer, faith development, ministry, service, education and advocacy on social justice issues. Choose your action. Join us today.

Mass Intentions

Sat, May 6 – 5:00 pm

Living & deceased members of the Catholic Women's League
†Peter Phelan by McCaffrey Family
†Jeff Pappin by Margaret & Graham Pappin

Sun, May 7 – 9:00 am

†Antonio Girardi & †Giovanni Gabriele by Joe & Donella Gabriele

†Shirley Burke Latour by Pauline Foley

†Wayne McKinnon by Anne & Gordon MacIsaac

Sun, May 7 – 10:30 am

For the intentions of all parishioners

Mon, May 8 – 9:00 am

Intentions of Margaret Mulvihill by Marion Di Gaspari

Tue, May 9 – 9:00 am

For a special intention by Suzanne O'Hara

Thu, May 11 – 9:00 am

Intentions of Angelo & Regina Emilianus by Marie

Fri, May 12 – 9:00 am

Intentions of Shirley Etmanski & Maxine by Anastasia Stoppa

†Pauline Boucher by Pauline Foley

Sat, May 13 – 5:00 pm

†Phil & †Josh by Joan & Family

Intentions of Mary Jane Gillier-Symes by Secret Sister

†Joseph Massardier by Denise Lee

Sun, May 14 – 9:00 am

For the intentions of all parishioners

Sun, May 14 – 10:30 am

Intentions of Marilyn Foote-Pollock by Claire Moore

Intentions of Marion Di Gaspari by Isabella, Patricia,

Michael & Timmy

†Carole Hunnisett by Mike & Tamara

Please pray for those who are sick: Bruce, Marlene, Ron, Patrick, Marian, Gerald, John

Please pray for those who have died: †Terry Penney, brother of Father Bill Penney; †Father Zenon Hentosz

†Indicates Deceased

Stittsville Food Bank Thank you to all parishioners who share with those less fortunate in our community. Monetary donations are best right now but cereal, peanut butter, jam, bags of rice, soups, tins of tuna and salmon are also needed. Please do not leave food outside, but bring your donations during office hours or when you come to Sunday Mass.

Upcoming Blood Donation Event at Holy Spirit Parish on Wednesday, May 10th from 1:00 pm to 7:00 pm. Book now to donate at www.blood.ca



Word from the Pastor

From today's Gospel reading: Thomas said to Jesus, "Master, we do not know where you are going; how can we know the way?" Jesus said, "I am the way and the truth and the life." Jesus invites his disciples to come to him and put their lives into his hands. We do that by living in relationship with him, listening to his teaching and following his way. That's how we will come to the life he promises. He is our path to God and if we follow Jesus, 'the way,' we will have 'truth' - for he is God's revelation to us. We will have 'life' - for Jesus draws us from the death of sin to life through his Spirit. In my daily life, in what ways am I choosing Jesus as my 'way?' What other 'ways' am I tempted to choose?

May is dedicated to Mary, Mother of God. Let us ask her intercession for our families and our parish.

Become a blessing to others. A legacy of faith remains for all as you choose to remember Holy Spirit Parish in your will. For more information contact the Parish Office.

Monsignor Joseph Muldoon

Take Five for Faith: Daily renewal for busy Catholics
Sad face emoji Behind smiley emojis and Instagram-worthy photos, many people are struggling to make it through the day. With so much heaviness of heart, Easter can seem totally out of place. Yet, the Paschal Mystery reminds us that we need not be struggle-free in order to allow the warmth, light, and new life of Easter to wash over us, if even a little. God welcomes us in just as we are and offers to us abundant love, holding us when we ourselves can hold no more. As we continue this season, what might you allow God to hold for you?

"Gather the fragments left over, so that nothing will be wasted."

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National Family & Life Week from May 7-14, 2023

The theme is Jesus' words, "Love one another. Just as I have loved you, you also should love one another" (John 13:34) St. Joseph, husband of the Blessed Virgin Mary, is widely invoked as the intercessor for married couples and happy marriages. He is the Patron of the Universal Church and Patron Saint of Canada. He is also an intercessor for husbands, fathers, and workers, among many others. St. Joseph is a model for all spouses through his witness of love and dedication to his family during challenging times especially.



We welcome to our parish family the children who were recently baptized: Nea, and Amani. We give thanks and praise to God for the new life in Christ bestowed upon these children.

Volunteer Opportunity: St. Joe's Supper Table has been providing meals for our community for over 40 years. Once again, they are looking for help to continue this service through the summer months. Tasks include preparing vegetables and desserts, plating meals, staffing the service window and (of course) cleanup. If you are able to commit to one three-hour shift per week for the summer, please email suppertable@st-josephs.ca

Ottawa Catholic Young Professionals – The Challenge and Opportunity of Money

The Ottawa Catholic Young Professionals have an evening of networking, fellowship, and professional growth planned on May 11 from 7-9pm. John Sheridan, a successful Ottawa entrepreneur, will be speaking about "The Challenge and Opportunity of Money" for Catholic professionals. Tickets are \$20 and include a drink ticket and appetizers. Reserve tickets by emailing: info@ocyp.ca

Holy Spirit Parish Financial Results Year ended Dec 31, 2022

The summary as itemized below reflects the financial results for Holy Spirit Parish for the 2022 fiscal year. Due to prudent management and continued strong parishioner support, we believe the financial results achieved are satisfactory. A sincere thank you to our faithful parishioners for your support, both spiritual and financial.

	Budget 2022	Actual for year ended Dec 31, 2022
Receipts		
Collections	\$395,697	\$336,483
Masses, Weddings, Funerals	6,000	11,207
Donations, Bequests, Parochial Org.	2,000	10,149
Hall Rental	5,000	8,725
Interest Earned on Reserve Acc	10,000	11,410
Other Revenue	2,400	3,401
Total Receipts	421,097	381,375
Expenditures		
Salaries & Benefits	127,074	145,876
Mortgage Interest & Bank Charges	12,480	7,646
Office Supplies, Telephone, etc.	25,200	11,724
Pastoral Works	23,400	16,911
Diocesan Tax	49,708	36,018
Occupancy Costs	63,590	54,361
Major Repairs (Reshingle of Steeple)	71,620	70,332
Miscellaneous	9,300	3,560
Total Expenditures	382,372	346,428
Total Receipts	421,097	381,375
Operating Surplus	38,725	34,947
Mortgage Principal Payments (Rectory)	42,642	42,642
Deficit for 2022	(\$3,917)	(\$7,695)

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